

EN

★★★★S  
*Hotel Garden Terme*



TERME  
DEI  
DOGI  
DI VENEZIA

SPA MENU



## DEAR GUESTS,

Back in 1964, my father Carlo founded Hotel Garden Terme with the desire to create a place distinguished by genuine hospitality, comfort and an atmosphere rooted in family values.

A tradition that we proudly uphold today, together with our entire team, to offer you moments of profound well-being.

The same values guide us into the future, with a sense of respect for both the environment and people. The choice of photovoltaic energy and geothermal heating, the desalination of thermal water to irrigate over 1,400 plants, the focus on seasonal produce, various vegetarian dishes, and a work ethic focused on mutual respect are all part of a heritage we nurture every day.

*Regina Silvia, Pam Attardo*

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# GENERAL INFORMATION ABOUT THE HOTEL

- Hotel Garden Terme **is open from 20/02 to 8/12/2026. Our accommodation rates and additional wellness packages are available at [www.gardenterme.it](http://www.gardenterme.it)**
  - Rates (for direct bookings without intermediaries) are dynamic and may vary based on the period and occupancy.
  - Rates are understood to be per person, per night, with the arrangement specified in the booking.
  - The tourist tax of € 3.50 per night and per person (for the first 4 nights) is not included in the rates.
  - Applicable taxes may be subject to change.
- **Special offers and discounts are not cumulative.**
- **Discounts are available for children** sharing a room with two paying adults or for the addition of a third bed (to be requested at the time of booking).
- **The chosen arrangement** (B&B, half board, full board) is valid for the entire stay; unused meals are not refundable.
- **Single use of a room is available for all categories**, upon request and with a supplement.
- **Check-in** at our reception is available from 1:00 PM; room availability is guaranteed from 3:00 PM.
- **Check-out** on the day of departure is by 12:00 PM.
- **Late check-out** allows for the enjoyment of the room and pools until 6:00 PM on the day of departure (subject to availability and an additional charge.)

- **For cancellations, no-shows, and early departures, the following conditions apply:**
  - Up to 72 hours before arrival: no charge.
  - Less than 72 hours before arrival: 70% penalty of the booked stay.
  - No-show: 70% penalty of the booked stay.
  - Early departure: 70% penalty of the booked stay.
  - For bookings made through travel agencies, seminars, or intermediaries, the applicable terms and conditions of those agencies apply.
- **Small dogs** are welcome with prior notification at the time of booking. The daily fee is € 20.00 per pet for stays up to 3 nights, and € 15.00 per pet per night for longer stays. This includes the cost of final room cleaning and disinfection. Dogs are not allowed in the restaurant or wellness areas.
- **Parking is free and unguarded.** Garage boxes can be reserved upon request at a rate of € 10.00 per day (24-hour remote control access).
- **Room service** is available with an additional charge of € 5.00 per service.
- **Gluten-free menus** are subject to an additional charge; please inform us at the time of booking. For other special menus, food allergies, or intolerances, kindly notify us at the time of booking to check feasibility and any additional charges.
- For the comfort and respect of all, access to the restaurant in bathrobes is not permitted. **Appropriate evening attire is kindly requested (no flip-flops).**



## MUD THERAPY

At Hotel Garden Terme we offer mud treatments made exclusively from **FANGO D.O.C.**<sup>®</sup>, which is tested and controlled by the University of Padua. This mud is unique because it contains different types of algae – the most well-known being ETS 05 – which are found only in the Euganea Thermal Basin. These algae possess exceptional anti-inflammatory properties, which are particularly beneficial for the treatment of:

- **Osteoarthritis and other degenerative conditions;**
- **Osteoporosis;**
- **Extra-articular rheumatism.**

Our hotel is accredited by the Italian National Health Service to provide mud therapy and inhalation treatments at the highest level (1° Superiore).

# FANGO THERAPY PACKAGES

Our mud therapy packages are designed to maximise the beneficial properties of the active ingredients found in FANGO D.O.C.<sup>®</sup>. They include:

- Medical consultation for admission to mud therapy (mandatory) and mid-therapy check-up
- Mud applications using exclusively FANGO D.O.C.<sup>®</sup> (Monday to Saturday)
- Thermal showers
- Thermal baths with the addition of ozone
- Reactive massages (25 min.)
- Beverages with a specific supplement
- Bathrobe rental.

FANGO THERAPY PACKAGES	5	6	8	10	12
Per Person	374 €	441 €	575 €	709 €	843 €





# THERAPEUTIC TREATMENTS, MASSAGES & BEAUTY

In addition to traditional mud therapy treatments, our Wellness Centre offers a wide range of medical, thermal and rehabilitative therapies, as well as regenerating and relaxing treatments. All treatments are performed by qualified professionals, who undergo annual professional training and updates.

## MEDICAL TREATMENTS

<b>1</b> Electrocardiogram .....	<b>51 €</b>
<b>2</b> Homeopathic pain-relief mesotherapy .....	<b>61 €</b>
<b>3</b> Homeopathic aesthetic mesotherapy .....	<b>72 €</b>
<b>4</b> Single injection .....	<b>20 €</b>
<b>5</b> Otoscopy and ear irrigation .....	<b>50 €</b>
<b>6</b> Complex wound care .....	<b>22-62 €</b>
<b>7</b> Medical prescription .....	<b>12 €</b>
<b>8</b> Consultation with Medical Director / Follow-up medical examination .....	<b>22 €</b>
<b>9</b> Medical consultation for admission to mud therapy .....	<b>37 €</b>
<b>10</b> Medical consultation by medical specialist .....	<b>125 €</b>
<b>11</b> Medical consultation in the room .....	<b>43 €</b>
<b>12</b> Urgent medical consultation .....	<b>64 €</b>
<b>13</b> Urgent medical consultation (after 8 PM) .....	<b>84 €</b>
<b>14</b> Medical consultation by rehabilitation physician .....	<b>125 €</b>
<b>15</b> Dietetic consultation with follow-up appointment .....	<b>140 €</b>
<b>16</b> Homeopathic medical advice .....	<b>70 €</b>

## THERMAL TREATMENTS

<b>30</b> Ozone thermal bath (private cabin) .....	<b>29 €</b>
<b>31</b> FANGO D.O.C.® full or partial body with ozone thermal bath and 25-minute reactive massage (1 to 4 treatments) .....	<b>83 €</b>
<b>32</b> FANGO D.O.C.® full or partial body with ozone thermal bath and 25-minute reactive massage (5 or more treatments) .....	<b>67 €</b>
<b>33</b> FANGO D.O.C.® full or partial body with ozone thermal bath without reactive massage .....	<b>46 €</b>
<b>35</b> Cold FANGO D.O.C.® for legs with ozone thermal bath .....	<b>46 €</b>
<b>37</b> FANGO D.O.C.® for hands or feet without ozone thermal bath .....	<b>23 €</b>
<b>38</b> Bio mud – detoxifying body wrap with FANGO D.O.C.® and ozone thermal bath .....	<b>46 €</b>
<b>40</b> Additional bathrobe rental .....	<b>11 €</b>

## INHALATION TREATMENTS

<b>41</b> Inhalation or aerosol with mineral-rich saline- bromo-iodine thermal water .....	<b>13 €</b>
<b>42</b> Inhalation with original Tabiano thermal water .....	<b>16 €</b>
<b>43</b> Micronised nasal shower with thermal water .....	<b>14 €</b>

## CLASSICAL MASSAGES

<b>50</b> Lymphatic drainage “Dr. Vodder” method full body, 50 min. ....	<b>64 €</b>
<b>51</b> Lymphatic drainage “Dr. Vodder” method for legs with bandages, 50 min. ....	<b>66 €</b>
<b>52</b> Lymphatic drainage “Dr. Vodder” method for arms or legs, 25 min. ....	<b>38 €</b>
<b>53</b> General massage, 25 min. ....	<b>38 €</b>
<b>54</b> Deep tissue relaxing massage, 50 min. ....	<b>64 €</b>
<b>55</b> Sports toning massage, 50 min. ....	<b>64 €</b>
<b>56</b> Segmental spinal massage, 25 min. ....	<b>38 €</b>
<b>57</b> Craniosacral treatment, 50 min. ....	<b>66 €</b>
<b>58</b> Neck-head-shoulders massage, 25 min. ....	<b>38 €</b>
<b>59</b> Specific massage for golfers, 25 min. ....	<b>38 €</b>

## WELLNESS MASSAGES

<b>82</b> Bach Flower® massage, 50 min. ....	<b>66 €</b>
<b>83</b> “Sky and Earth” massage, 50 min. ....	<b>64 €</b>
<b>84</b> Couple’s massage, 50 min. ( <i>for 2 people</i> ) .....	<b>126 €</b>
<b>85</b> “Kids” massage, 25 min. ....	<b>38 €</b>
<b>86</b> Relaxing “Californian” massage, 50 min. ....	<b>64 €</b>
<b>87</b> Hawaiian “Lomi Lomi” massage, 50 min. ....	<b>64 €</b>
<b>88</b> Revitalising foot and leg massage with juniper and rosehip balm, 25 min. ....	<b>39 €</b>

<b>90</b> Relaxing massage with scented oils and essences, 50 min. ....	<b>66 €</b>
<b>91</b> “Stone Therapy” full body, 50 min. ....	<b>66 €</b>
<b>92</b> Watsu® (Water Shiatsu) in thermal pool, 50 min. ....	<b>66 €</b>
<b>93</b> Oceanic Lavashell massage, 50 min. ....	<b>75 €</b>

## ORIENTAL MASSAGES

<b>101</b> Anti-stress “Oriental Spa” massage, 50 min. ..	<b>66 €</b>
<b>103</b> Ayurvedic Abhyanga massage with rebalancing effects, 50 min. ....	<b>66 €</b>
<b>105</b> Ayurvedic Pindasweda massage with warm herbal bundles, 50 min. ....	<b>79 €</b>
<b>106</b> Indonesian massage, 50 min. ....	<b>66 €</b>
<b>108</b> Sound massage with Tibetan singing bowls, 50 min. ....	<b>66 €</b>
<b>110</b> Facial reflexology – Vietnamese Dien Chan® method, 25 min. ....	<b>38 €</b>
<b>111</b> Hand reflexology – recommended for hand arthritis, 25 min. ....	<b>38 €</b>
<b>112</b> Foot reflexology – Chinese technique, 25 min. ....	<b>38 €</b>
<b>113</b> Shiatsu, 50 min. ....	<b>66 €</b>

## PHYSIOKINESIOTHERAPY

- 117a** Hydro-kinesiotherapy in the thermal pool, 25 min. **43 €**
- 117b** Hydro-kinesiotherapy in the thermal pool, 50 min. **67 €**
- 118a** Physio-kinesiotherapy in the treatment room, 25 min. **43 €**
- 118b** Physiokinesiotherapy in the treatment room, 50 min. **67 €**
- 119** T.E.C.A.R. session (Capacitive–Resistive Energy Transfer), 25 min. **43 €**
- 161** Aqua Healing – deep relaxation in the thermal pool, 25 min. **43 €**
- 162** Aqua Healing – deep relaxation in the thermal pool, 50 min. **67 €**
- 164** Individual pain-relief exercises in the treatment room (shoulders, posture, “Back School”), 25 min. **43 €**
- 165** Individual therapeutic exercises and muscle strengthening in the thermal pool, 25 min. **43 €**
- 166** Individual swimming lesson or training, 25 min. **43 €**
- 167** Dorn® therapy for soft realignment of the spine, 50 min. **67 €**
- 168** Breuss® massage for regeneration and relaxation of the spine, 50 min. **67 €**
- 169** Breuss® massage for regeneration and relaxation of the spine, 25 min. **43 €**
- 170** Breathing exercises, 25 min. **43 €**

## BODY TREATMENTS

- 201** “Colli Euganei” body scrub, 25 min. **45 €**
- 202** Body scrub with draining salt massage, 50 min. **68 €**
- 203** Coffee toning body scrub  
Team Dr. Joseph®, 50 min. **74 €**
- 204** Anti-cellulite detoxifying treatment  
Team Dr. Joseph®, 50 min. **74 €**
- 205** Firming abdomen treatment  
Team Dr. Joseph®, 50 min. **70 €**
- 206** Regenerating dynamic back treatment  
Team Dr. Joseph®, 50 min. **70 €**
- 207** Firming and toning body treatment, 50 min. **74 €**
- 208** Detoxifying body treatment “White Scrub”  
AbanoSpa® with clay and thermal water, 50 min. **74 €**

## FACIAL TREATMENTS

- 251** Facial lymphatic drainage, 25 min. **42 €**
- 252** Bio mud – facial wrap with FANGO D.O.C.® and AbanoSpa® moisturising cream from the Euganean Hills, 25 min. **42 €**
- 253** Face, neck and scalp massage with rosehip oil, 25 min. **42 €**
- 254** Firming facial treatment with glycolic acid, 50 min. **75 €**
- 255** Intensive facial treatment with collagen mask, 50 min. **90 €**

- 256** “Intense Purifying” facial treatment  
Team Dr. Joseph®, 50 min. .... **71 €**
- 257** “Cellular Recreation” facial treatment  
Team Dr. Joseph®, 50 min. .... **85 €**
- 258** “Advanced Biolifting” facial treatment  
Team Dr. Joseph®, 80 min. .... **110 €**
- 259** “Power Lift for Men” facial treatment  
Team Dr. Joseph®, 50 min. .... **73 €**

## HIGHLIGHTS FOR 2026

- 260** “Rejuvenating” facial treatment with Golden Oil  
Team Dr. Joseph®, 50 min. .... **90 €**
- 261** Holistic face and body ritual  
Team Dr. Joseph®, 75 min. .... **120 €**
- 262** Face and body ritual “Colli Euganei” with  
scrub and grape seed oil massage, 75 min. .. **105 €**

## COMPLEMENTARY TREATMENTS

- 231** Full leg waxing, 50 min. .... **52 €**
- 232** Partial leg or back waxing, 25 min. .... **32 €**
- 233** Partial waxing (eyebrows, face, underarms,  
bikini line), 15 min. .... **21 €**
- 234** Basic manicure, 25 min. .... **33 €**
- 235** Manicure with coloured nail polish, 25 min. .... **42 €**
- 236** Full pedicure with savonage, 50 min. .... **48 €**
- 237** Nail polish application or change, 15 min. .... **21 €**
- 238** Removal of semi-permanent nail polish, 15 min. **21 €**





## 6-NIGHT PACKAGES

MUD THERAPY,  
WELLNESS &  
REHABILITATION

## FANGO PLUS

**A tried-and-tested formula to experience all the extraordinary therapeutic benefits of our mud therapy**

**6-night stay in a Comfort double room with Garden full board\***

- 1 Medical consultation for admission to mud therapy and follow-up check mid-treatment
- 5 Full body FANGO D.O.C.® treatments with ozone thermal bath + 5 reactive massages, 25 min.\*\*
- 1 Draining salt massage, 50 min.
- 1 Full body lymphatic drainages “Dr. Vodder” method, 50 min.
- 5 Inhalations with mineral-rich saline-bromo-iodine thermal water

From **1.273,00 € per person**

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## FANGO LIGHT

**Discover the healing benefits of a 100% natural remedy**

**6-night stay in a Comfort double room with Garden full board\***

- 1 Medical consultation for admission to mud therapy and follow-up check mid-treatment
- 3 Full body FANGO D.O.C.® treatments with ozone thermal bath + 3 reactive massages, 25 min.\*\*
- 1 Neck-head-shoulders massage, 25 min.
- 1 Foot reflexology, 25 min.

From **1.066,00 € per person**

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## LIGHT LEGS

**An alternative to hot mud wraps with the same benefits of the exclusive ETS 05 algae**

**6-night stay in a Comfort double room with Garden full board\***

- 1 Medical consultation for admission to mud therapy and follow-up check mid-treatment
- 5 Cold FANGO D.O.C.® treatments for legs with ozone thermal bath\*\*
- 5 Lymphatic drainages “Dr. Vodder” method for legs, 25 min.

From **1.161,00 € per person**

*\* Rates are per person in a Comfort double room. Single occupancy of the room incurs an additional charge.*

*\*\* Mud therapy is available from Monday to Saturday.*

## MODERN WELLNESS

**A well-being holiday with a innovative twist**

**6-night stay in a Comfort double room with Garden full board\***

- 1 Relaxing “Californian” massage, 50 min.
- 1 Bio mud – detoxifying body wrap with FANGO D.O.C.® and ozone thermal bath, 25 min.
- 1 Hawaiian “Lomi Lomi” massage, 50 min.
- 1 Detox facial treatment “Intense Purifying” Team Dr Joseph®, 50 min.
- 1 Facial reflexology – Vietnamese Dien Chan® method, 25 min.

From **1.027,00 € per person**

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## PERFECT BODY TEAM DR JOSEPH®

**A week to reconnect and find harmony with your body**

**6-night stay in a Comfort double room with Garden full board\***

- 2 Anti-cellulite detoxifying treatments Team Dr. Joseph®, 50 min.
- 2 Firming abdomen treatments Team Dr. Joseph®, 50 min.
- 1 Coffee toning body scrub Team Dr. Joseph®, 50 min.

From **1.106,00 € per person**

*\* Rates are per person in a Comfort double room. Single occupancy of the room incurs an additional charge.*

## SHOULDER REHABILITATION

Suitable for tendinitis, bursitis, dislocations, post-surgical rehabilitation or trauma

or

## KNEE REHABILITATION

Suitable for osteoarthritis, pre-surgery muscle strengthening, and post-surgical rehabilitation

or

## HIP REHABILITATION

Suitable for hip osteoarthritis, post-surgical rehabilitation and functional recovery

**6-night stay in a Comfort double room with Garden full board\***

- 1 Medical consultation by rehabilitation physician and follow-up check mid-treatment
- 5 Physio-kinesiotherapy sessions in the treatment room, 25 min.
- 5 Hydro-kinesiotherapy sessions in the thermal pool, 25 min.
- 5 T.E.C.A.R. sessions, 25 min. – *This technique applies electromagnetic energy to biological tissues, activating natural healing processes and promoting the reduction of inflammation.*

From **1.434,00 € per person**

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## DORN® AND BREUSS® FOR THE SPINE

Suitable for cervical pain, lumbosacral sciatica, discopathy, and postural realignment

**6-night stay in a Comfort double room with Garden full board\***

- 1 Medical consultation by rehabilitation physician and follow-up check mid-treatment
- 1 Dorn® therapy for soft realignment of the spine, 50 min.
- 2 Breuss® massages for regeneration and relaxation of the spine, 25 min.
- 2 Segmental spinal massages, 25 min.
- 2 Individual pain-relief exercise sessions in the treatment room (shoulders, posture, “Back School”), 25 min.

From **1.056,00 € per person**

\* Rates are per person in a Comfort double room. Single occupancy of the room incurs an additional charge.

# GOLF & WELLNESS

Hotel Garden Terme has long been dedicated to golf enthusiasts, and once again offers attractive discounts at the following clubs: Frassanelle (18 holes), Montecchia (27 holes), Padova-Valsanzibio (27 holes), Albarella (18 holes), Ca' della Nave (18 + 9 holes).

Our exclusive green fee rates at these clubs vary depending on weekdays, pre-holidays, and holidays, with prices ranging **from 81,00 € to 120,00 € per green fee** depending on the season.

We will gladly take care of tee time reservations, transfers to and from the courses, equipment, and golf carts. However, **it is essential to collect your green fee voucher at the hotel reception** to benefit from the reduced rates.

## 3 DAYS OF GOLF BLISS

**3 nights in a Comfort double room with Garden half board\***

- 2 Green fees
- 1 Segmental spinal massage, 25 min.
- 1 Relaxing massage specific for golfers, 25 min.

From **592,00 € per person\*\***

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## 6 DAYS OF GOLF BLISS

**6 nights in a Comfort double room with Garden half board\***

- 5 Green fees **GARDEN SUPER OFFER = 5<sup>th</sup> green fee complimentary!**
- 2 Segmental spinal massages, 25 min.
- 2 Relaxing massages specific for golfers, 25 min.

From **1.211,00 € per person\*\***

*\* Rates are per person in a Comfort double room. Single occupancy of the room incurs an additional charge.*

*\*\* The prices shown are valid Monday to Friday. For weekends, public holidays, and bank holidays, green fees are subject to a supplement.*

## SPA ETIQUETTE

- **Please notify any changes to your appointment or cancellations at least 24 hours in advance. Booked treatments that are not attended will still be charged.**
- We recommend booking your treatments before arrival, or at least in advance, to ensure better availability for your preferred times.
- The thermal area can be accessed directly via the lifts located in front of the indoor pool in the thermal department.
- We recommend arriving at your treatment in bathrobe and slippers.
- For mud therapy, a special white bathrobe will be provided. It is recommended not to wear anything underneath, or at most only underwear.
- Please enter the pool areas wearing swimwear. We recommend entering the sauna areas without swimsuits, using the towels provided to prevent possible plastic fumes and to avoid the collection of sweat and bacteria in your swimwear due to high temperatures.
- We advise storing jewellery and valuables in the in-room safe to prevent damage caused by the mineral content in the thermal water.
- We kindly ask that you respect the peaceful environment of the thermal area and relaxation zones. Please silence your mobile phone.



★★★★S  
*Hotel Garden Terme*

**Gottardo Family Management**

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**GARDENTERME.IT**



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